"Something is pushing them 
To the side of their own lives"

The lines suggest how people are powerless in face of the ravages of time or the universal cycle of generation. "Pushing them to the side" is ambiguous. It conveys that the mothers are now being superseded by their children; they are becoming rejected/overlooked; left in a backwater, "their own lives" has a shock effect. The responsibilities of parenthood and the effects of time mean that the mothers have lost control of their own lives which to some extent is the experience of most of us.

The poem is melancholic and demonstrates how, now that the mothers have produced the next generation, they are on the slow decline towards old age and death.